

# MAUGHOLD

Its coves have been used since ancient times for access and fishing, and continue to be popular today for paddle boarders and kayakers for the common sightings of the grey seal colony. Maughold is a historically important shoreline with mine shafts carved into the cliffs from iron ore mines in the 7th century, Bronze Age cairns on the coast and it is believed to be the landing place of St Maughold who brought Christianity to Mann in the 5th century.



**BIRD-WATCHING:** Cormorant, Shag, Fulmar, Guillemot, Puffin, and Razorbill




Image credit: Neil G. Morris, Manx BirdLife

**ON LAND**

**Raad ny Foillan:** Follow the coastal route north along the coast to Ramsey via Port Mooar or south to the hidden pool at Cornaa and one of the Island's highest waterfalls at Dhoon Glen. Alternatively, take the circular 'Maughold Marvels' walk around the headland.

Did you know: Maughold Head is the easternmost point of the Island and is the shortest point to England, with only 31 miles between here and Cumbria.

The section of coast running along the northern edge of Maughold Head is an Area of Special Scientific Interest Called Maughold Cliffs & Brooghs ASSI.

**DARK SKIES:** Due to low light pollution here, you can observe the starry skies from the shore or on night time paddle boarding trips around Port Lewaigue and Port Mooar.

**Wildlife Safety:** Be aware of seasonal restrictions such as bird nesting between October and March each year and seal pupping between September and December. Always keep 50m away from seals and DO NOT approach seal pups.

**ON THE WATER**

Stand up paddle boarding (SUP) and kayaking around Maughold Head provides unique perspective of the steep cliffs, striking lighthouse and sea caves. There are also nesting sea birds and plenty of inquisitive seals to spot on your journey around this headland, as they rest and breed around the rocks at the base of the cliffs.



**Remember:** Always inform someone of where you are going and what time you intend to return. Always check tide time before venturing out on the water as some areas of the coastline can be cut off by the tide.

Respect the rights of all users & leave no trace.  
Please don't stand on the species that live on the rocks or kick the seabed.  
Please refer to the Coastal Code & Angling Guide

For information on guided trips, experiences or equipment hire you can book on the Maughold Blueway see [www.visitisleofman.com](http://www.visitisleofman.com)

